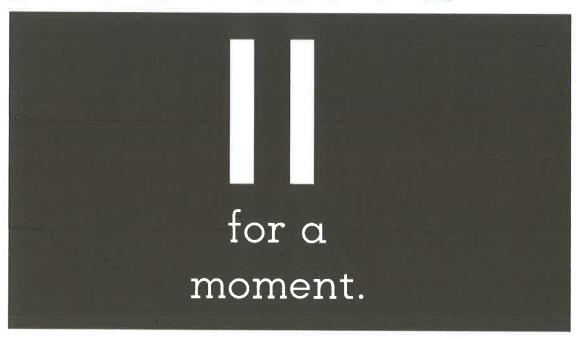
MARCH AL!VE **HAPPENINGS**

Absorb the luck the world has to offer!

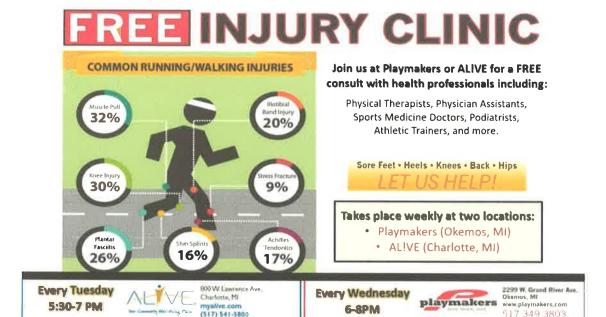


NEW Weekly Offering: FREE Injury Clinics at AL!VE

Clinics are offered on a first come, first served basis.

We are equipped to serve approximately 20 guests per week, to start.

Questions? Click to read more or call us at (517) 541-5800, opt. 1.



Experience the fun at this NEW, family event!

Witness the adorable talents of GROW kids! Walk-in and be wowed.

Want to register your child to perform? Call (517) 541-5803.



Connect with others who understand!

We invite you to join this NEW monthly offering at AL!VE.

Call (517) 541-5800, opt. 1 with questions.



This is a great month to taste the deliciousness!

Register for an upcoming RELISH class at AL!VE by calling (517) 541-5800, opt. 1 or through the MyAlive mobile app.

March RELISH Events	
Mar. 7	Survive & Thrive: Cooking for
	Breast Cancer Survivors
Mar. 13	Moroccan Cooking
Mar. 20	Plant-Based Indian 🐃 💮 🧱
Mar. 21	Easy Instant Pot Cooking 🙈 📁 🧱
Mar. 22	Clean Eating Lunch: Thai 🙈
Mar. 28	Cooking for Diabetes:
1	Faux Pasta

Pamper yourself in FUSE & receive free tea!

To book your next spa appointment, call us at (517) 541-5886.



ALIVE is an experience-based, destination health park opened by Hayes Green Beach Memorial Hospital in November 2011. All mid-Michigan residents and visitors are welcome at ALIVE - there are no entry fees or membership requirements. It is located at 800 W. Lawrence Ave., in Charlotte, Mich. Visit www.myalive.com or cali 517-541,5800 for more information.

AL!VE | 800 W. Lawrence Ave. | Charlotte, Mich. | (517) 541-5800

Unsubscribe

This message was sent to GTERPSTRA@CHARLOTTEMI.ORG from happenings@hgbhealth.com

AL!VE, Your Community Well-Being Place Hayes Green Beach Memorial Hospital 321 E. Harris Street Charlotte, MI 48813

