## MAY AL!VE HAPPENINGS

### Give Mom the gift of relaxation this Mother's Day!

Enjoy a massage while the kids play.

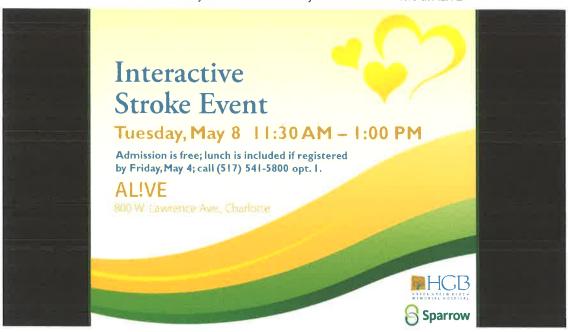
Call (517) 541-5886 to book your appointment today.



In honor of National Stroke Awareness Month, Sparrow and HGB are offering this FREE to the community event.

Call (517) 541-5800, opt. 1 to register today!

https://mail.google.com/mail/u/0/?ui=2&ik=0a645b7296&jsver=VWMnsm10n\_o.en.&cbl=gmail\_fe\_180424.06\_p4&view=pt&cat=ALIVE&search=cat&th=1631da76d



### **PARENTS!** Take a night off!

Here's your excuse for an evening to yourselves that the kids will thank you for! Call (517) 541-5803 with questions!



Check out what's cookin' at AL!VE this month! Call (517) 541-5800, opt. 1 to register!

### May RELISH Events

May 1 Heart Healthy Cooking:

Meals from the Heart

May 8 Clean-Eating Combos

May 16 Vegan German

May 18 Survive & Thrive:

**Cooking for Breast Cancer Survivors** 

May 23 Survive & Thrive:

**Cooking for Breast Cancer Survivors** 

Month

Join us in celebrating with EMPOWER!

# May is National SPEECH & HEARING THERAPY

Thank you to our Speech-Language Pathologists for all you do here at ALIVE

Cathy Kelensk - Mary Talarico Jessica Seguin - Susan Bennefield

ALIVE is an experience-based, destination health park opened by Hayes Green Beach Memorial Hospital in November 2011. All mid-Michigan residents and visitors are welcome at ALIVE – there are no entry fees or membership requirements. It is located at 800 W. Lawrence Ave., in Charlotte, Mich. Visit www.myalive.com or call 517,541,5800 for more information.

AL!VE | 800 W. Lawrence Ave. | Charlotte, Mich. | (517) 541-5800

#### **Unsubscribe**

This message was sent to GTERPSTRA@CHARLOTTEMI.ORG from happenings@hgbhealth.com

AL!VE, Your Community Well-Being Place Hayes Green Beach Memorial Hospital 321 E. Harris Street