



**Barry-Eaton
District
Health
Department**

COMMUNITY OUTREACH HIGHLIGHTS **August 2015**

Eaton Community Health Center to Open in August in Charlotte The Eaton Community Health Center will be located inside the Barry-Eaton District Health Department, utilizing the former Health Connections clinic area. Cherry Health, which received a grant to provide health care services for Eaton County will staff the Eaton Community Health Center and provide services that include comprehensive medical services and behavioral health care. Accepting uninsured, Medicaid, Healthy Michigan Plan, and most insurances. For information, please visit www.cherryhealth.org or to become a patient call central registration at 517-541-0992.

Ticks and Mosquitoes are two of nature's summertime irritations, and unfortunately sometimes those bites can become more serious. Residents should know how to protect themselves from illnesses spread by infected deer ticks (Lyme disease) and mosquitoes (West Nile virus). For more information on these diseases and how to protect yourself from ticks and mosquitoes, visit <http://bit.ly/1JgfHf9>.



Building Bridges for Health

Congratulations to the Dimondale Farmer's Market for their work to get approved for Electronic Benefits Transfer (EBT) at their market this summer! As part of the Barry-Eaton Building Healthy Communities grant initiative, Health Educators provided support to the Dimondale Market Manager to decrease chronic disease through increased access to healthy fruits and vegetables through EBT. Marketing for the new EBT option was also provided.

Are Your Immunizations Up-To-Date? National Immunization Awareness Month (NIAM) provides an opportunity to highlight the value of immunization across the lifespan. All people are encouraged to protect their health by being vaccinated against infectious diseases. For more information, visit the CDC website at <http://1.usa.gov/1gQoO9x>.

Barry County Recycling Household Hazardous Waste, Tire, and Medicine Collection, Saturday, Sept 26th from 9 am – 1 pm at the Barry County Fairgrounds at 1350 N. M-37 Hwy in Hastings. Visit <http://bit.ly/1KulHBA> for details and a list of acceptable items.

Eaton County Recycling Events are for private (non-commercial) residents of the county. Reservations required-location will be released once registration is complete. To register, call (517) 543-3686 or email RECYCLE@EATONCOUNTY.ORG. For more information about the Charlotte recycling events visit, <http://bit.ly/1H7Im3Y>.

- **Tire Clean Up**-Saturday, August 8th from 8 am-12 pm in Charlotte. Space for tires is extremely limited. Limit of 7 tires accepted per person.
- **Recycle-Palooza**-Saturday, September 26th from 9 am-2 pm.

You're Invited

8/11-ECSAAG-Tobacco Sub-committee

8:30-9:30 am, Eaton County RESA

8/18-Eaton Rapids-Building Healthy Communities

3:30-5 pm, Eaton Rapids High School Library

8/19-Barry County Tobacco Reduction Coalition

Noon-1pm, BEDHD, Hastings

8/25-Grand Ledge-Building Healthy Communities

9-10 am, Grand Ledge City Hall

8/26-B. Healthy Coalition

1-2:30 pm, Pennock Hospital, Hastings, (4th floor Board Rm)

Concerned about Bat Activity? Summer is the season for the most bat activity, and while they are valuable to our environment, they can also carry rabies. For facts about bats, please visit <http://bit.ly/1dgBtkE>.

Community Garden Flourishes Everyone is welcome to come together to learn about good, nutritious food in the Skinner Community Garden located in front of the Charlotte Health Department. The gardening experience offers something for everyone. To see what's growing and for more information, visit <http://bedhdgarden.weebly.com/>.



Governor Snyder Signs the Breastfeeding Anti-discrimination Act Under this Act, signed June 24, 2015, mothers who nurse their children in public will be protected from discrimination and prosecution. This new law protects a mother's right to breastfeed anywhere she has a right to be. Communities can support mothers and babies by making them feel welcome to breastfeed in all public places and local establishments. For more information about the Breastfeeding Anti-Discrimination Act visit, <http://bit.ly/1fDPkTr>.

Build a Healthier Workplace Health Educators will help to assess current worksite policies and share ideas for healthy changes. Up to \$500.00 is available per worksite to implement a health policy or change. Visit <http://bit.ly/1KPJokO>, for more details or call Shelli Smith at 517-541-2644.

Breast and Cervical Cancer Screening Services Are you a woman between the ages of 40-64 years in need of breast cancer screening or diagnostic testing? Depending on your income and situation, you MAY QUALIFY for free services through the Michigan Breast and Cervical Cancer Control Program. For more information, please call the Clinic in Eaton County 517-541-2630 or Barry County 269-945-9516.

Are Local Decision Makers Considering Your Health? Health is largely determined by places in which people live, work, study, and play. These places shape opportunities to make healthy choices and access to resources for health. Health in All Policies (HiAP) means that leaders take time to consider ***"How will my decision impact health?"*** at all levels of government. Ideally, policy decisions have either neutral or beneficial impacts on the health of your community. To learn more about HiAP visit <http://bit.ly/ORmpOK>.

Looking for Summer Activities for Your Family?



- You can check out safe beach sites in the district and the newly released list of licensed campgrounds in Michigan at <http://bit.ly/1HhhpL2>.
- Join Naturalist Jackie, from Eaton County Parks, for exciting, adventurous, one-day educational programs designed for 7 to 12 year olds. Information is available on-line at <http://bit.ly/1AInoM> or at (517) 627-7351.
- Check out free or low-cost family activities happening in Barry <http://bit.ly/1GCBjgh> and Eaton <http://bit.ly/1NIWHdK> Counties in the Summer Activity Sheets compiled by the Barry-Eaton District Health Department.
- No Family Left Indoors programs promote free outdoor activity in Barry County.

Tuesdays in July and August, 6:30 – 8 pm. Visit <http://bit.ly/1dgEvFv> for more information. Call (269) 721-4190 to register.

For more information, contact Shelli Smith, Community Health Specialist, 517-541-2644 or ssmith@bedhd.org.

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www.facebook.com/barryeatonhealth