



Barry-Eaton
District
Health
Department

COMMUNITY OUTREACH HIGHLIGHTS April 2015

County Health Rankings were released March 25th. Barry County ranked 21st out of 82 Michigan counties for Health Outcomes and 18th for Health Factors. Eaton County ranked 19th for Health Outcomes and 13th for Health Factors. Health Outcomes measure the sickness and death that a county is *currently* experiencing, while Health Factors combine a variety of measures that are known to influence *future* health outcomes. Visit <http://www.countyhealthrankings.org/> for detailed rankings and more information.



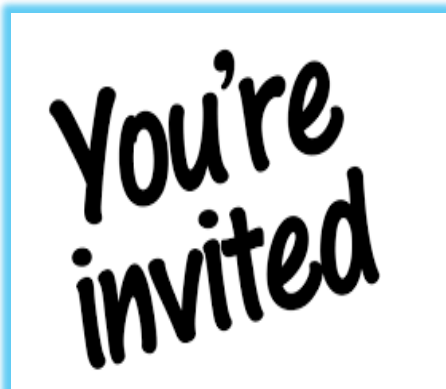
Do You Have a Healthy Worksite? Health Educators are available to assess current worksite policies and make suggestions for healthy changes. Right now, funding is available to help implement a health policy or change. Visit www.barryeatonhealth.org in the NEWS section for more details or by calling Shelli Smith at 517-541-2644.

Kindergarten Round-Up is just around the corner! Students entering kindergarten are required to show proof of the following vaccinations: 4 doses of **DTaP** (Diphtheria, tetanus, Pertussis); 4 doses of **Polio**; 2 doses of **MMR** (Measles, Mumps, Rubella); 2 doses of **Varicella** (Chickenpox); and 3 doses of **Hepatitis B**. Protect your children from vaccine-preventable diseases. Contact your health care provider or call the BEDHD Immunization Clinic at: Barry County (269) 945-9516 or Eaton County (517) 541-2630.

In-Home Help for Chronic Health Problems Pathways to Better Health is a FREE in-home visiting program for Medicaid, Medicare, or Healthy Michigan enrollees in Eaton County. A Community Health Worker assists clients in finding primary care and preventative health care services and linking them with needed community services. For more details about *Pathways to Better Health*, call (866) 291-8691 or visit www.carehubihp.org.

Building Bridges for Health

Congratulations to the Eaton Good Food Council who recently completed the Eaton Good Food Plan! **Plan Vision: A vibrant local food system in which agriculture and food businesses are valued and viable occupations that enhance the local economy, improve the health of residents, and increase food security.** The plan was accepted by the Eaton County Board of Commissioners and the City of Charlotte for use in the 5-Year Master Plan. To view the plan, visit www.barryeatonhealth.org, Health and Statistics tab, select Local Health Policy then select Eaton Good Food Plan.



- **April 14th, ECSAAG-Tobacco Sub-committee Meeting**
8:30-9:30 am, Eaton County RESA.
- **April 15th-Barry County Tobacco Reduction Coalition**
Noon-1pm, Barry-Eaton District Health Department, Hastings.
- **April 21st-Eaton Rapids-Building Healthy Communities Meeting**
3:30-5 pm, Eaton Rapids High School Library.
- **April 28th-Grand Ledge-Building Healthy Communities Meeting**
9-10 am, Sawden Building Conference Room.
- **April 25th-B. Healthy Coalition Meeting**
1-2:30 pm, Pennock Hospital (Hastings), 4th floor Board Room.
- **April 30th-Step by Step Meeting**, 9-10 am, ALIVE in Charlotte

Visit Our Website at www.barryeatonhealth.org or Like Us On Facebook
www.facebook.com/barryeatonhealth

Monthly Free Food Distribution in Charlotte FREE Fresh Produce program is available the 2nd and 4th Thursday of every month. This program is provided by the Capital Area Salvation Army with the Charlotte Real Life Church and is FREE to all Eaton County residents, no income verification required. Distribution will be at the Real Life Church 228 S. Cochran Ave. Charlotte 517-541-5433.

PRODUCE DISTRIBUTION DETAILS

- Must have valid State ID
- Registration begins at 11am
- Produce is distributed at 12 pm sharp
- Please bring your own grocery bags

Dental Clinic in Charlotte Michigan Community Dental Clinics (MCDC) offers discounted dental services to those who have Medicaid, Delta Dental, those who are low income or the uninsured through membership in the Michigan Community Dental Plan (MCDP). There are two levels of membership at MCDC. Call the toll free number for more information about services near you at 1-877-733-7651. <http://midental.org/>. The local clinic is at 623 Courthouse Dr. Charlotte, MI 48813.

Earth Day April 22nd, inspires awareness and appreciation for the Earth and the environment. Check out <http://www.earthday.org/> for information about A BILLION ACTS OF GREEN which features many great ways you can protect the planet and secure a sustainable future. Also, plan to recycle locally at an upcoming event.

1. **Recycle-Rama** April 18th, 9am-3pm, Ingham County Health Dept. 5303 S. Cedar St. Lansing. Details at, <http://hd.ingham.org/Portals/HD/Home/Documents/eh/Recycle%20Rama/recycleramaflyer2015.pdf>.
2. **Household Hazardous Waste Collection** May 9th, 9am-1pm Barry County Fairgrounds, 1350 N. M-37 Hwy. For more details and a list of acceptable items, visit http://www.michigan.gov/documents/deq/deq-oea-flyer-mercurycollection_415542_7.pdf
3. **Spring Clean Up** May 16th, 9am-3pm, Delta Township. Reservations required - Location released once registration is complete. To register, call (517) 543-3686 or email RECYCLE@EATONCOUNTY.ORG. Visit http://www.eatoncounty.org/images/Departments/Resource%20Recovery%20Recycling%20%20Reuse/2014_Flyers/Spring_Clean_Up.pdf for a complete list of accepted materials.

Breast and Cervical Cancer Screening Services Are you a woman between the ages of 40-64 years in need of breast cancer screening or diagnostic testing? Depending on your income and situation, you MAY QUALIFY for free services through the Michigan Breast and Cervical Cancer Control Program. For more information, please call the Clinic at 517-541-2630 or 269-945-9516.

These Boots Were Made for Walking



Spring Choosing Health!® Rally, Saturday, May 2nd, 1 - 4 pm, Fenner Nature Center, 2020 E. Mount Hope Ave., Lansing, MI.

Choosing Health!® Walking Society invites you to participate in the 2015 Walking Challenge will take place from January through October, with over 10 designated walks. For complete details, visit <http://www.eatoncounty.org/departments/parks-department/120-departments/parks-department/170-contact-information> then choose the Programs and Events tab.

For more information, contact Shelli Smith, Community Health Specialist, 517-541-2644 or ssmith@bedhd.org.

Visit Our Website at www.barryeatonhealth.org or Like Us On Facebook www.facebook.com/barryeatonhealth